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MINISTÈRE
DE LA SANTÉ



Société Tunisienne d'Endocrinologie
Diabète et Maladies Métaboliques



وإحدى أطباء الغدد و الأستري بصفاقس
Association des Endocrinolo-Diabétoques de Sfax



International
Diabetes
Federation

32nd National Congress of STEDIAM

&

5th AEDS Day

&

IDF-MENA Congress

OCT 31 - NOV 02, 2024

Mövenpick Hotel du Lac - Tunis, Tunisia

Main topics :

National Congress

- Neuroendocrine tumors
- Management of prolactinomas
- Adipose tissue
- Adrenal tumors
- Metabolic variability

AEDS Day and IDF-MENA Congress

- Cross Talk : Diabetes-Heart and kidney
- Diabetes in the MENA Region
- Type 1 Diabetes Mellitus
- Diabetes in Women
- Lifestyle in Diabetes mellitus
- Management of type 2 diabetes



Thursday, October 31st, 2024

Program

08h30
 08h35 **Welcome word**

08h35 **Session 1 :**
 10h15

Neuroendocrine tumors

Chairperson : Haroun OUERTANI (TUN), Kawther CHATTI (TUN), Henda RAIES (TUN),
Aicha BOUZID (DZA)

08h35 **Genomic classification of pituitary adenomas**
 08h55

Gérald RAVEROT (FRA)

08h55 **Recent advances in diagnosis of Multiple Endocrine Neoplasia**
 09h15

Lionel GROUSSIN (FRA)

09h15 **Which functional imaging for which NET ?**
 09h35

Manel NOUIRA (TUN)

09h35 **Update in medical treatment of neuroendocrine tumors**
 09h55

Khadhra FERAOUN (DZA)

09h55 - 10h15 **Discussion**

10h15 - 10h45 **Coffee break**

10h45 **Session2 :**
 12h15

Prolactinomas

Chairperson : Ines KHOCHTALI (TUN), Imed BEN SAID (TUN), Nabil MATHLOUTHI (TUN),
Larbi CHAIEB (TUN)

10h45 **Medical treatment of prolactinomas**
 11h05

Philippe CHANSON(FRA)

11h05 **Prolactinoma: When is surgery indicated?**
 11h25

Hela MARMOUCH (TUN)

11h25 **Radiological follow-up of prolactinomas**
 11h45

Sonia NAGI (TUN)

11h45 **Prolactinoma and pregnancy: From conception to lactation**
 12h05

Gérald RAVEROT(FRA)

12h05 - 12h25 **Discussion**

12h25 - 12h55 **Start of the art of management of Cushing Syndrome**



Jacques YOUNG (FRA)

12h55 - 14h15 **Lunch**



14h15
15h15



STEDIAM Workshops

- 1 Immunotherapy and endocrine system: follow up and adverse effects

Dhoha BEN SALAH (TUN)

Chairperson : *Nadia MCHIRGUI (TUN), Nesrine CHRAIET (TUN)*

- 2 Diagnosis and assessment of precocious puberty

Ines KAMMOUN (TUN)

Chairperson : *Insaf HADJALI (TUN), Mouna ELLEUCH (TUN)*

- 3 GH deficiency in children: treatment and follow-up

Wided DEBBABI (TUN)

Chairperson : *Amel BEN CHEHIDA (TUN), Yosra HASNI (TUN)*

- 4 Pheochromocytomas and paragangliomas: Clinical and genetic advances

Meriam YAZIDI (TUN)

Chairperson : *Wafa ALAYA (TUN), Faten HADJ KACEM (TUN)*

15h15
17h15

Session 3 :

Adrenals

Chairperson : *Sami BEN RHOUMA (TUN), Mariam JRAD (TUN), Karima KHIARI (TUN),
Habib SFAR (TUN), Hedia SLIMANE (TUN)*

15h15
15h45

From Mild Autonomous Cortisol Secretion (MACS) to Ectopic ACTH Syndrome (EAS):
Diagnostic and therapeutic challenges

Jacques YOUNG (FRA)

15h45
16h15

Diagnosis, prognosis and management of corticosurrenolomas in 2024

Jérôme BERTHERAT (FRA)

16h15
16h45

Should all hypertensive patients be screened for primary hyperaldosteronism

Jacques YOUNG (FRA)

16h45
17h15

Management of adrenal incidentalomas (ESE consensus 2023)

Jérôme BERTHERAT (FRA)

17h15 -17h45



Coffee break

17h45
18h45



IDF MENA Workshops

- 1 Painful diabetic neuropathy

Najla BCHIR (TUN), Hamza ELFEKIH (TUN)

Chairperson : *Rached NABOULI (TUN), Mohamed BENLASSOUED (TUN)*

- 2 Nutritional follow-up after bariatric surgery

Nadia BEN AMOR (TUN), Najoua LASSOUAD (TUN)

Chairperson : *Hinda JAMMOUSSI (TUN), Imen ROJBI (TUN), Nadima SHEGEM (JOR)*



Thursday, October 31st, 2024



17h45

18h45



STEDIAM Oral Communications (endocrinology and diabetology)

Chairperson Oral Communications of Endocrinology:

Nadia CHARFI (TUN), Hanen SAYADI (TUN), Mamadou SANOGO (CIV)

Chairperson Oral Communications of Diabétologie:

Hager KANDARA (TUN), Ghada SAAD (TUN), Ould Sidina Mohamed EL MOKHTAR (MRT)

18h45 - 19h25



Basal insulin in the evolving experience of people living with diabetes: focus on glargine 300

sanofi

Muries BARHAM (JOR)

19h00

IDF MENA Regional Council Meeting

19h30



Cocktail dinner



08h30
10h00

Session 4 :

The metabolism

Chairperson : Mohamed ABID (TUN), Haroun OUERTANI (TUN), Koussay ACH (TUN),
Nabila REKIK (TUN)



08h30
09h00

Adipose tissue in all its colors

Bruno FEVE (FRA)



09h00
09h30

Pharmacological treatments for obesity today and tomorrow

Emmanuel DISSE (FRA)



09h30
10h00

Metabolic Variability

Bernard BAUDUCEAU (FRA)



10h00 -10h30



Coffee break



10h30
11h30



IDF-MENA Workshops (in parallel with STEDIAM congress)

3

Mastering Automated Insulin Delivery System:
A comprehensive workshop health care professionals

Medtronic

Dalal AL-ROMAIHI (BHR), Nancy ALBARBARY (EGY)

Chairperson : Hela MARMOUCH (TUN), Leila HADDAR (TUN), Maha KACEM (TUN)

4

Diabetic foot: Between Recommendations and Real Life

Role of Endocrinologist in DM footmanagement

Hanan GAWISH (EGY)

SFD 2024 guidelines and Tunisian INEAS 2021 guide

Melika CHIHAOUI (TUN)

Chairperson : Hazem ABDUL-WAHEB (IRQ), Amel MAAROUFI (TUN),

Hella OUERTANI (TUN), Ould ELBOUKHARY (MRT), ABDULBASSIT (PAK)

5

Functional insulin therapy

sanofi

Naji AL-JOUHANI (KSA), Muris BARHAM (JOR), Kamel MESBEH (EGY)

Chairperson : Lobna KAMMOUN (TUN), Mamdouh MANSOUR (LBN), Chiraz AMROUCH (TUN),

Nadima SHEGEM (JOR)



10h00
11h30

6

Diabetic Retinopathy: A Regional Call for Action

Diabetic retinopathy update:

Imen ZGHAL (TUN)

Retinopathy screening in high, middle and low incomes countries of
the MENA Region:

Mohamed ALI ELTOM (SDN)



Friday, November 01st, 2024

Working Group Discussion :

Group 1: Policy recommendation

Hager SKHIRI (TUN), Ibtissem BEN NACEF (TUN), Wided DEBBABI (TUN), Ahmed ZAYANI (TUN)

Moderators : *Chokri HAMMOUDA (TUN), Abdulla ALHAMAQ (QAT)*

Group 2: Actions for implementation:

Adel KHLIL (TUN), Mouna ELLEUCH (TUN), Dorra SELAMI (TUN)

Moderators : *Mohamed GHORBEL (TUN), Maryam AL-HAJERY (BHR)*

Group 3: Research and evaluation:

Manel DJMEL (TUN), Amel CHEBBI (TUN), Yosra HASNI (TUN)

Moderators : *Nabila REKIK (TUN), Adel SAYED (EGY)*

Chairperson : *Mohamed Ali ELTOM (SDA), Khaled EL TAYEB (KSA), Mohamed BENLASSOUED (TUN)*

Coordinator : *Ashraf Pokkara Valappil (QAT)*

Facilitators : *Fatma MNIF (TUN), Olfa FEKIH (TUN), Mohamed BEN HAMMOUDA (TUN)*

11h30
12h00

STEDIAM Awards Ceremony: Best Scientific works, research grants and published articles

12h00 - 14h00 **Lunch**

14h00
14h30

Opening ceremony : Words of the speakers
AEDS President: Mohamed BENLASSOUED (TUN)
STEDIAM President: Nabila MEJDOUB REKIK (TUN)
IDF MENA Chair :Mohamad SANDID (LBN)
IDF global President: Peter Schwarz (ALLEMAGNE)
Tunisian Minister of Health: Mustapha FERJANI (TUN)

Tribute to Pr Akhtar HUSSAIN (Past President of Global IDF) : *Mohamed SANDID*

Tribute to Pr Khmais NAGATI (Past president of IDF MENA) : *Samira blouza (TUN) :
Past head of Nutrition departement Nutrition Institute Tunis*

14h30
16h20

Session 1 :

Cross Talk: Diabetes-Heart and kidney

Chairperson : *Lama HADID (SYA), Salem ABDESSALEM (TUN), Jannet LAABIDI (TUN),
Mohamed ABID (TUN), Nadima SHEGEM (JOR)*

14h30
14h50

Hypertension in diabetics: NATURE-HTN Survey

Leila ABID (TUN)

14h50
15h10

Cardiometabolic guidelines -Emirates experience

Fatheyra AL-AWADI (UAE)

15h10
15h30

Chronic kidney disease in Tunisian diabetics (TUN-CKDD Survey)

Mohamed Mongi BACHA (TUN)

15h30
15h50

Genetics of diabetic nephropathy in Tunisia

Fayçal JARRAYA (TUN / FRA)

15h50
16h10

Cost of Diabetes Care in Tunisia: CNAM Data

Ines KHOCHTALI (TUN)



Friday, November 01st, 2024

16h10 - 16h20



Discussion

16h20 - 17h00



IdegAsp Co-Formulation: Enhancing Glycemic Control in Type II Diabetes Management



Haroun OUERTANI (TUN)



17h00 - 17h20



Coffee break

17h20 - 18h00



Benefits of Fixed Dose Sitagliptin/Metformin in Clinical Practice

hikma.

Khalifa ABDALLAH (EGY)



18h00

Session 2 :

19h50

Diabetes in the MENA Region

Chairperson : Morsi ARAB (EGY), Riadh JOMAA (TUN), Sourour BEN SALAH (TUN),
Molka CHAIEB (TUN), Amir TAYAR (IRN)



18h00

Specific epidemiological features of type 2 diabetes in the MENA region

18h20

Mohamad SANDID (IDF/MENA Chair LBN)



18h20

DM Registry & national DM program

18h40

ABDULBASSIT (PAK)



18h40

Epidemiological characteristics of T2DM in Tunisia through the ATERA Survey

19h00

Ameni KALLEL (TUN)



19h00

Mitochondrial diabetes in Tunisia

19h20

Mouna MNIF FEKI (TUN), Mouna ELLEUCH (TUN)



19h20

Atypical diabetes

19h40

Sulaf IBRAHIM (SDN)

19h40-19h50



Discussion

20h30



Gala evening



Session 3 :

08h30
10h40

Type 1 Diabetes Mellitus



Chairperson : Maryam AL-HAJERY (BHR), Fathya ALAWADI (UAE), Mongia HACHICHA (TUN), Fatma FAKHFAKH (TUN), Najoua RAHAIM (LBY), Khaled MENIF (TUN)

08h30
08h50

Integrated and comprehensive care of people with T1DM : An experience from the MENA Region
Asher FAWED (PAK)

08h50
09h10

Epidemiology of Type 1 DM in Lybia
Suleiman ABUSERWIL (LBY)

09h10
09h30

Therapeutic education for type 1 diabetes: DAFNE- 15 years kuwait Experience
Ebaa ALOZAIRI (KWT), Jumana AL KANDARI (KWT)

09h30
09h50

Transition of care for patients with Type 1 Diabetes in Tunisia
Leila SADDEM (TUN)

09h50
10h10

Diabetes House of Sfax: living better with diabetes.
Mohamed BENLASSOUED (TUN)

10h10
10h30

Changing diabetes program in Tunisia
Fatma CHAKER (TUN)

10h30 - 10h40



Discussion



10h40 - 11h10



Coffee break

Session 4 :

11h10
13h00

Diabetes in Women

Chairperson : Amjad ABOU ZAHRA (PSE), Atef ZAYED (YEM), Claude BEN SLAMA (TUN), Khaled NEJI (TUN)

11h10
11h30

Female Sexual Dysfunction in Diabetes ignored for too long
SHABEEN (PAK)

11h30
11h50

Contraception in diabetic women
Latifa LASSOUED (TUN)

11h50
12h10

Gestational diabetes: challenges in management alternatives to insulin
Nadima SHEGEM (JOR)

12h10
12h30

Postpartum management after GDM
Mohamed SULTAN (LBY)

12h30
12h50

Can post-menopausal diabetic women benefit from hormone treatment ?
Buthaina AL-SHARAFI (YEM)

12h50 - 13h00



Discussion

13h00 - 13h40



Holistic management of patients living with
HYPERTENSION & DIABETES



Ines KHOCHTALI (TUN), Mesbah SAYED KAMEL (EGY)

13h40 - 14h30



Lunch



Saturday, November 02nd, 2024



14h30

Session 5 :

16h40

Lifestyle in Diabetes mellitus (physical wellbeing, societal wellbeing and mental wellbeing)

Chairperson : Abdulla ALHAMAQ (QAT), Jackie MAALOUF (LBN),

Nejib BEN ABDALLAH (TUN), Koussay ACH (TUN), Manal AKROUT (TUN), Dalel ROUMAIHI(BHR)



14h30

Mediterranean diets and diabetes prevention: Time of evidence

14h50

Khaled AL-TAYEB (KSA)



14h50

Glycaemic index, glycaemic load and cardiometabolic risk

15h10

Cosette FAKIH (LBN)



15h10

The contribution of digitalization to nutritional management in Tunisian diabetics

15h30

Fatma MNIF BOUSSARSAR (TUN)



15h30

Barrier to Physical activity for people living with diabetes.

15h50

Rachid MALEK (DZA)



15h50

Sleep and diabetes

16h10

Mesbah KAMEL (EGY)

16h10 - 16h20



Discussion

16h20 - 17h00



Should we « Gliflozin » all patients with type 2 Diabetes?

AstraZeneca 

Fatma MNIF (TUN)



17h00 - 17h30



Coffee break



17h30

Session 6 :

19h40

Management of type 2 diabetes: between recommendations and real life?

Chairperson : Michael ABI SAAD (LBN), Said CHAMAKHI (TUN), Nabila REKIK (TUN),

Nader AJIBI (TUN), Chokri HAMMOUDA (TUN), Salem RIAHI (TUN)



17h30

IDF MENA Region Past, Present and Future

17h50

Morsi ARAB (EGY)



17h50

The economic burden and policy responses to diabetes in the MENA regio

18h10

Mohamad Ali ELTOM (IDF.MENA Chair Elect, SDN)



18h10

Biologist's role in monitoring type 2 diabetes and screening for cardiorenal complications

18h30

Kamal JAMMOUSSI (TUN), Fatma MAKNI AYADI (TUN)



18h30

Medication recommendations for T2DM: STEDIAM-INEAS 2023

18h50

Ibtissem BEN NACEF (TUN)

18h50 - 19h05



Discussion Panel



19h05

Vaccination in diabetes

19h25

Suha KHALEFA (JOR)

19h25 - 19h45



Discussion Panel



19h45



Closing ceremony